



Summer Solstice 5 Mile Trail Run *Reverse* Course Description

Kittatinny Valley State Park

199 Gooddale Road

Newton, NJ 07860

- Leave start area and crossover Gooddale Rd. and railed and turn right onto gravel road.
- Follow to 2nd left and follow onto the Yellow Trail and begin Tower Hill climb.
- After 2nd steep pitch climb, stay to your Right onto the Red Trail. Follow to top of climb.
- Crossover gravel road at the top. Continue on red trail to bottom. (Several switchbacks here).
- At bottom turn left onto Green Trail. Follow back to rail bed.
- Turn Left onto rail bed and make IMMEDIATE Right turn onto Blue Trail. Follow Blue Trail back to rail bed and turn Left onto rail bed and IMMEDIATE Left onto Yellow Trail
- Follow Yellow back to rail bed and turn Left onto rail bed
- Follow rail bed to Left turn crossing back over Gooddale Rd and onto trail. Follow unmarked trail to FORK and stay Left onto Black Trail.
- Follow Black Trail out to Meadow and stay Left circling around the perimeter of Meadow
- Keeping Meadow on your Right, briefly touch Road before turning Right before Stone House
- Run past and behind Stone House and re-enter Black Trail to your Left. Follow up steep pitch.
- Stay on Black Trail until it joins White Trail at bottom of rocky hill.
- Turn Right onto White Trail and follow to Finish Line.