

# SATURDAY JUNE 22nd 2019

## SUMMER SOLSTICE 5mile / 5K TRAIL RACE

[ 100% Entrants Fees Fund Free Mammogram Program ]

Kittatinny Valley State Park / 199 Goodale Rd./Newton, NJ 07860

Check In :: 8:30

Race Fees ::

Start Time: 5mi. > 10am

Pre-Reg: \$25 / Post-Reg:: \$35

Start Time: 5K >> 10:15am

[ Minimum Age for 5mile Event is 15yrs ]

OnLine Registration : [RunSignUp.com/Race/Newton/NJ/SummerSolstice](http://RunSignUp.com/Race/Newton/NJ/SummerSolstice)  
[SpectaSport.com](http://SpectaSport.com) > Timing/Results Posting / [Kiosk@FinishLine](mailto:Kiosk@FinishLine) for Insta Results

5mi. Trophies & Swag Bag Top 3 M/F . . .Medals Top 3 M/F in 5 yr. age groups

5K Trophies & Swag Bag Top 3 M/F . . .Medals Top 3 M/F in 5 yr. age groups

Hobo bags to All Pre-Reg & 1st 150 SameDay Runners

All RACE DETAILS/TRAIL UPDATES: [friend2friendscwg.org](http://friend2friendscwg.org) / [@friend2friend\\_scwf](https://twitter.com/friend2friend_scwf)  
Course marked with Environmental White Paint/Cones/S.S.R.C. Volunteers

**\*\*Pizza/Grilled Dogs/Fresh Fruit/Snacks/Bottled H2O/Gatorade**

Checks Payable: F2F      Check Event: 5mi. \_\_\_\_\_ 5K \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ M \_\_\_ F \_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ ZC \_\_\_\_\_

Email \_\_\_\_\_ Cell# \_\_\_\_\_ S M L XI

**Waiver:** In consideration of your accepting this entry, Im the undersigned, intending to be legally sound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for any damages I may have against the sponsoring organization, SCWF/Friend2Friend, Kittatinny Valley State Park, and Andover Township, their representatives, successors agent, servants, or employees, assigned for any and all injuries suffered by me in said event. I hereby assume all rights in connection with participation in said run and do not expect to receive any aid, assistance, direction or any other duty or obligation from the officials or agents.

Signature \_\_\_\_\_ Date \_\_\_\_\_

[Parent/Guardian Signature if athlete is under 18 years of age]