

Summer Solstice 5-Mile Trail Run and 5K

Friday, June 21, 2024

Kittatinny Valley State Park

199 Goodale Road, Newton, NJ 07860

friend2friendscwf.com/hot-chili-challenge-trail-run

REGISTRATION

Adult (16+) Registration Fee:

\$30 through 6/15 | \$40 from 6/16 through Race Day

Kids 12 and Under: \$10 (5K Only)

Runners must be 15+ years old for 5-Mile Trail Run

Register by mail below or online:

runsignup.com/summer-solstice-trail-run

SCHEDULE

5:00 pm Race Day Registration, Check-In,
Bib and Packet Pick-Up

6:15 pm 5-Mile Start Time

6:30 pm 5K Start Time

AWARDS

- Not-your-average trophy & swag to overall top M/F finishers
- 1st, 2nd, 3rd place medals to top M/F finishers in 5-year age groups
- Hobo bag and finisher medals for all runners

FEATURES

- Pizza, grilled hot dogs, fresh fruit, snacks, Gatorade
- Newater station on site provides H2O for 300 thirsty runners
- Free drawings
- Courses marked with environmentally-safe white paint
- Timing and race results by Compuscore

100% of Race Fees Provide Free Digital Mammograms | friend2friendscwf.com | Facebook: [@friend2friendnj](https://www.facebook.com/friend2friendnj)

2024 Summer Solstice Mail-In Registration

Make Checks Payable to "F2F" and mail to 37 Cambridge Road, Lafayette, NJ 07848. F2F has a strict **no refund** policy, in effect since 2000.

Please Check: Hot Chili Challenge 8 Mile _____ 5K (3.1 Mile) _____

First Name: _____ Last Name: _____

Age: _____ DOB: _____ M ___ F

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____ Instagram: _____

Waiver:

In consideration of your accepting this entry, I the undersigned, intending to be legally sound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the sponsoring organization, SCWF Friend2Friend, Kittatinny Valley State Park, and Andover Township, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said event. I hereby assume all rights in connection with participation in said run and do not expect any aid, assistance, direction or any other duty or obligation from the officials or agents.

Signature: _____ Date: _____

(Parent/Guardian if athlete is under 18)

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